

# **Career Opportunity**

## Lead, Clinical Services Confident Parents, Thriving Kids

Are you invested in supporting the mental health of BC's children and youth? Are you ready to commit to strengthening your existing skills through an evidence based positive parenting model?

In 2015, the Canadian Mental Health Association (CMHA) BC launched the Confident Parents: Thriving Kids program. This early intervention program provides preventive and clinical interventions for families of youngsters with behavioural problems in the externalizing spectrum such as aggression, antisocial behaviour, conduct problems, conduct disorder, oppositional defiance, delinquency, and substance use. This empirically supported program is proven to promote healthy child development and reduce moderate behavioural problems. Through structured sessions with trained practitioners, parents and primary caregivers are empowered to become the primary change agents for the child. Confident Parents: Thriving Kids is delivered free of charge to parents and/or caregivers via telephone in the comfort and privacy of their own homes at times convenient to them.

#### What you will be doing:

We are looking for a Lead, Clinical Services to oversee the Confident Parents, Thriving Kids (CPTK) coaching team, providing effective guidance, coaching, and motivation on a daily basis. This position is the primary contact point for all CPTK Parent Support Supervisors and Coaches. The Lead will receive training and certification in the PMTO model as well as ongoing coaching and support in managing the Supervisors and Coach Practitioners. In this role, you will be required to complete Confident Parents, Thriving Kids (CPTK) certification and actively participate in comprehensive, multi-phased training in PMTO (Parent Management Training - the Oregon Model) and maintain small case load of referred families.

In addition to creating an inspiring and creative team environment with a culture of open communication, setting clear team goals and monitoring those goals for completion, you will also be overseeing day-to-day clinical support and trouble-shooting for CPTK Coach Supervisors and Coach Practitioners. Other duties and responsibilities associated with this position include but are not limited to:

- Provide oversight and clinical supervision to CPTK Supervisors by creating individual work plans, and evaluating job performance during regular supervision sessions as well as listening to team members' feedback and collaboratively resolving any issues or conflicts
- Discovering and building strategies to respond to training needs including provide coaching
- This role involves handling escalated cases, ensuring safety protocol is adhered to, particularly with concerns surrounding child protection.
- Work with clients and practitioners to ensure client commitment to program expectations
- Identify potential barriers to effective service delivery and work to remove these barriers
- Monitor timelines and quality of reports and documentation as well as monitor team performance and reports on metrics
- Attendance at CPTK supervisory seminars in order to promote agency support/assistance for Practitioners.
- Provide oversight needed to ensure successful implementation of CPTK such as client outcomes and reviews, problem-solve with practitioners, supervisors and program manager
- Serve as liaison across multiple levels (e.g. CMHA leadership, CPTK Program Manager, Supervisors, Practitioners and Community Partners), maintaining and monitoring lines of communication among all relevant parties.

### What you bring to the role:

You will have a Master's degree in Social Work, Counselling Psychology or Child and Youth Care or related discipline and at least 2 year's staff supervisory experience, preferably in child/family services setting, along with at least 3 years' experience delivering in child and family services. An equivalent combination of professional experience and education may be considered. We are looking for someone who will give a long term commitment to the project, (2-3 years).

In addition, you will have:

- Knowledge of the principles and practices of public health, health education, and health literacy, particularly in multiple settings or with various populations;
- Knowledge of community outreach;
- Knowledge of the mental health and addictions systems in BC;
- Cultural competency
- Knowledge of specialized and personal computer systems and databases, Internet, and software applications, particularly Microsoft Office.

- Non-judgmental, flexible, creative and committed to working with and supporting Practitioners, parents and primary caregivers in challenging circumstances, displaying good judgment, empathy, ethics and a sense of social justice;
- Available and eager to participate in demanding learning environment, with a commitment to strength-based approach, and to research and evidence based practices, and have the ability to receive and incorporate feedback and be willing to have work recorded;
- Proven work experience as a team leader or supervisor, with excellent communication skills both verbally and written.
- Comfortable and knowledgeable about behavioral approaches, and have several years' experience as a group facilitator and experience implementing evidence based interventions.
- This position requires strong organization and time management skills;
- Personal experience with mental health or addiction issues and services, through self or loved ones, is an asset in this role.
- Ability to work flexible hours as required by parents and primary caregivers. This includes working regular evenings and weekends.

### Working conditions

This position is located in Vancouver. Please note that due to the confidential nature of support services provided to families, telecommuting is not an option in this position. All work will take place at the CMHA office. The usual work week is 37.5 with evening and weekend hours as required. This position is dependent on continued funding.

### How to Apply

We will consider applications from interested candidates who submit a resume and cover letter describing how you meet the qualifications outlined above. Please submit in PDF format to <u>human.resources@cmha.bc.ca</u> by Friday, April 13, 2018.

CMHA, BC Division is committed to our workforce reflecting the diversity of the communities within which we work. As such, we encourage applications from persons with disabilities, members of visible minorities, First Nations, Inuit, and Métis people, people of all sexual orientations and gender identities, and others who may contribute to the diversity of our staff.

Located on the unceded territories of the Coast Salish Peoples.