



TM

**MATES**

in Construction





# AISRAP STUDY - QUEENSLAND CONSTRUCTION SUICIDE

1. Construction suicide significantly higher than Australian men (1:1.46)
2. 15-24 Year old more than twice other young men (1:2.54)
3. 41% more likely to have consumed alcohol (59.4%)
4. 80% more likely to have a relationship problem (53.1%)
5. 175% young workers with relationship problems (75%)
6. 55% less likely to have sought professional MH help (7.8%)

Heller, Hawgood & De Leo (2007); Correlates Of Suicide In Building Industry Workers, Archives Of Suicide Research, 11:1, 105-117



## PSYCHOLOGICAL AUTOPSIES

Relationship problems

Pending legal matters

Financial problems

Conflict

Recent/pending unemployment

Work problems

Grief

Child custody disputes

Other life events

## FOCUS GROUPS

Long working hours

A culture of heavy alcohol use

Bullying behaviors

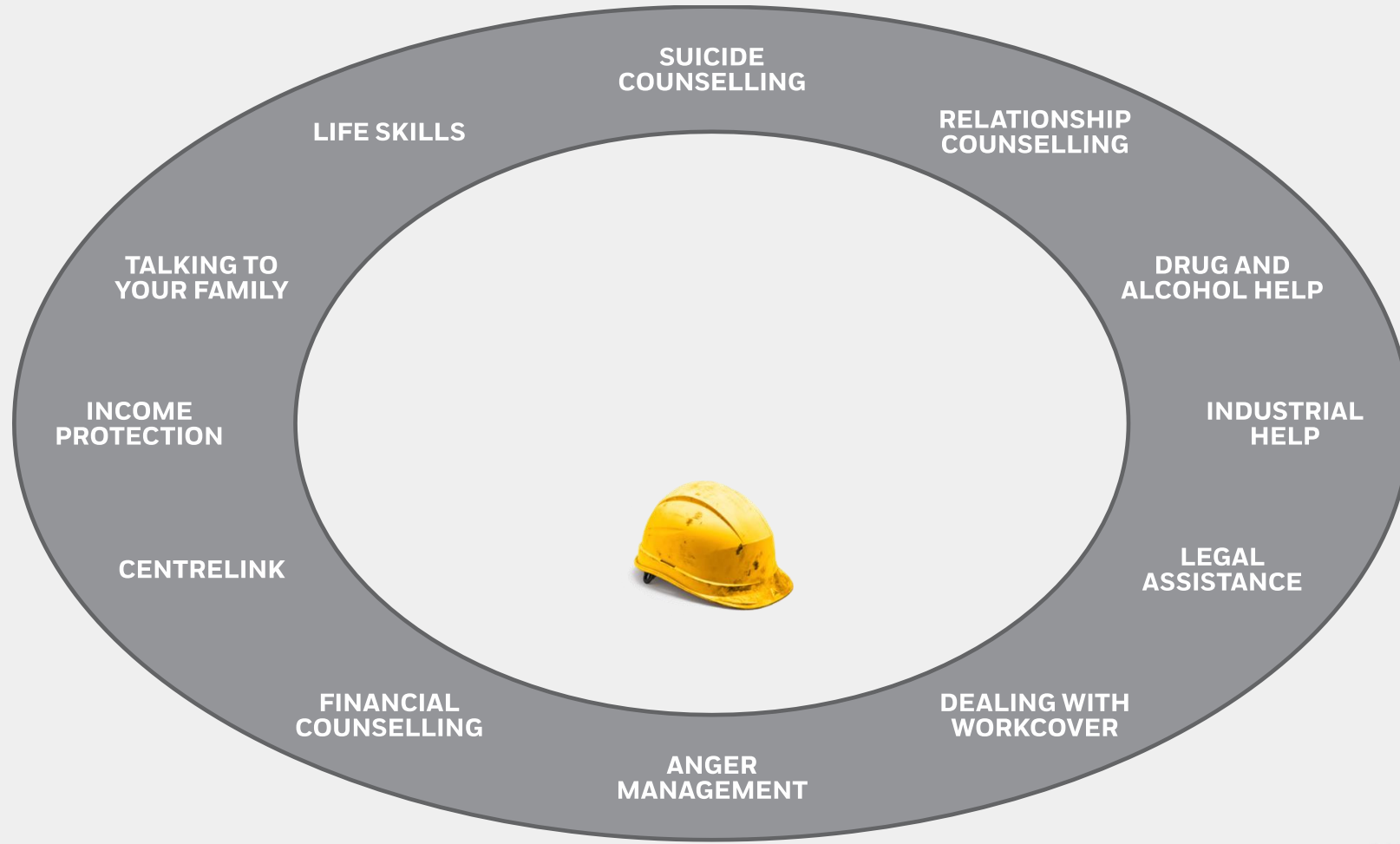
A culture of not allowing discussion of problems with mates

A male dominated industry

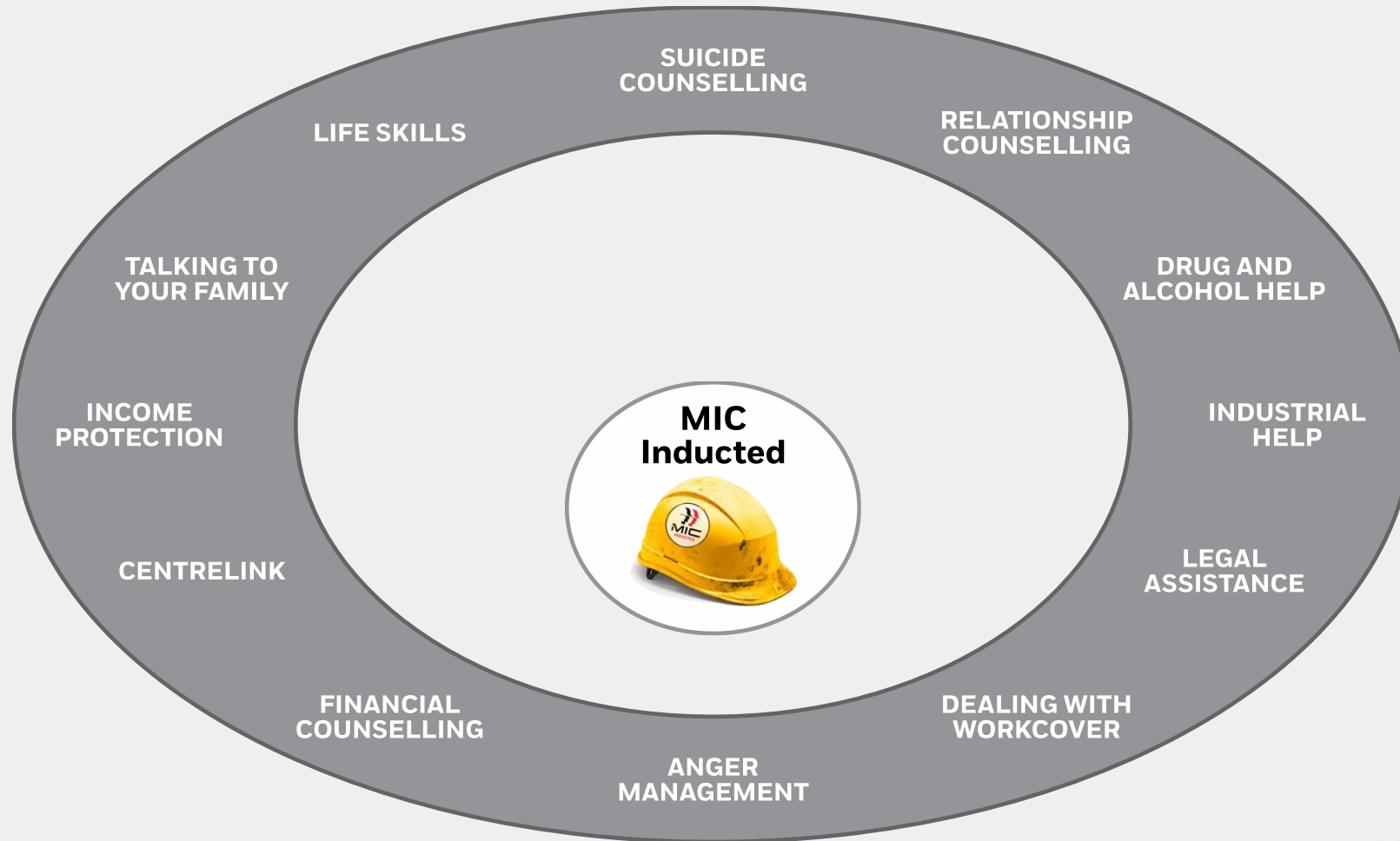
Financial management issues

Lack of job security

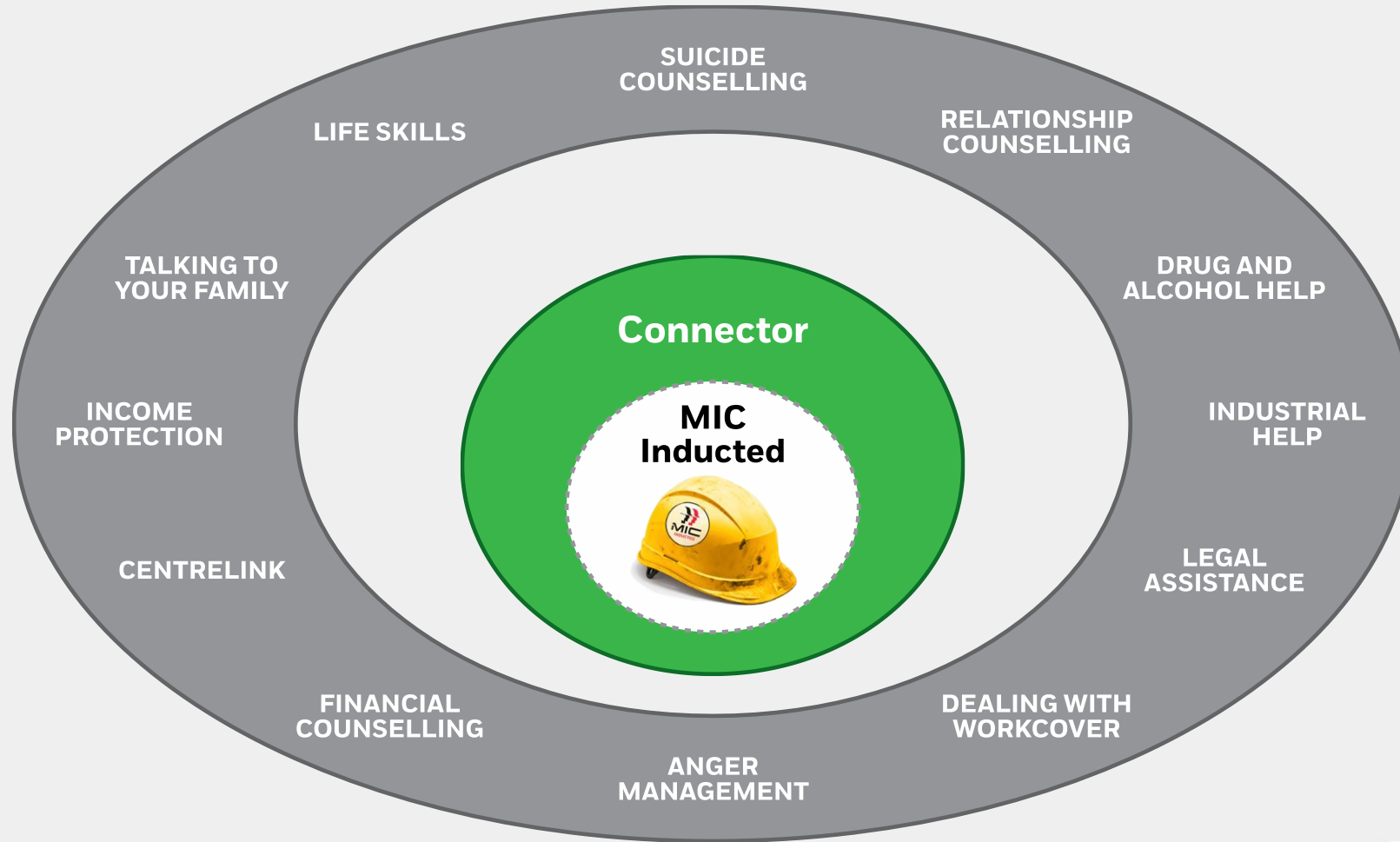
# HOW DOES IT WORK?



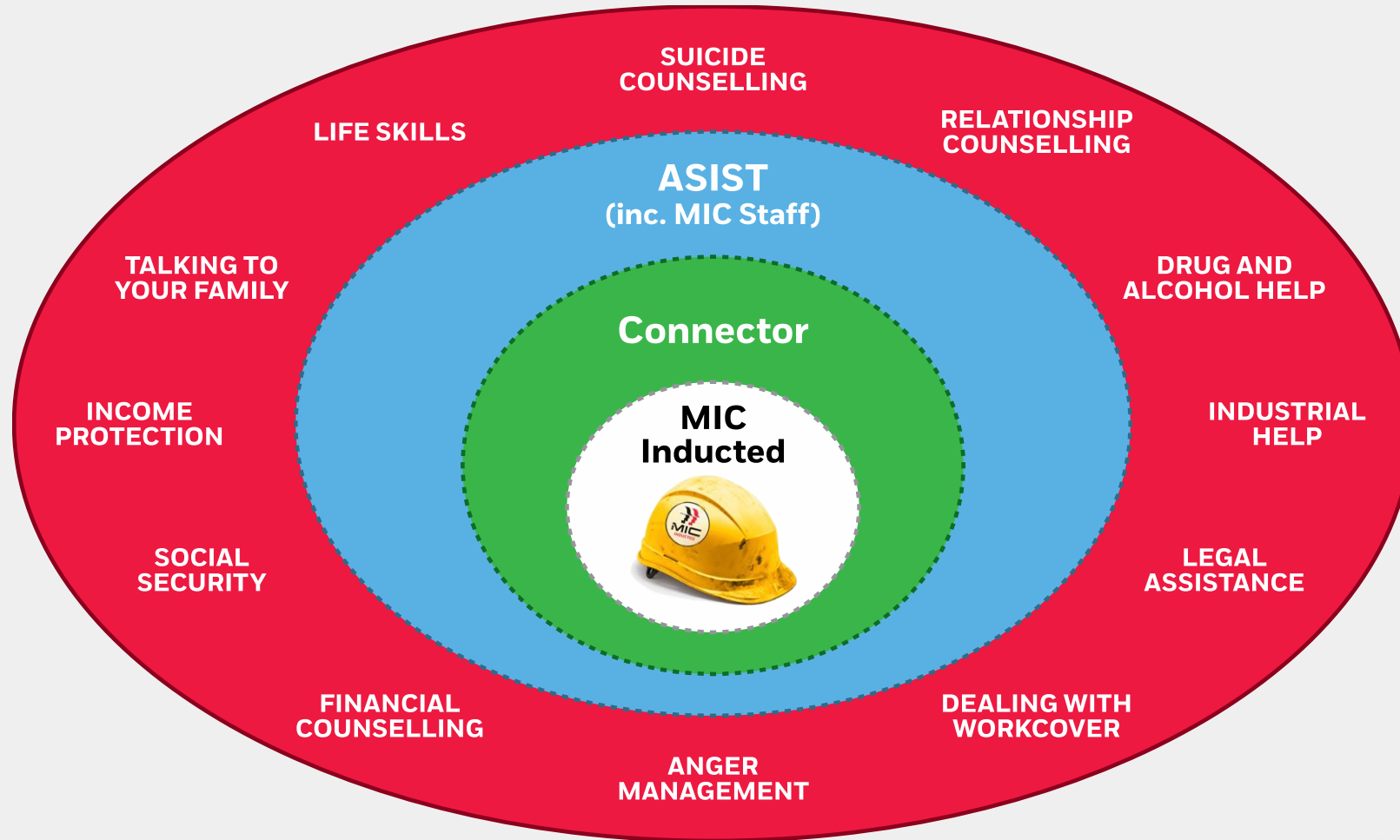
# HOW DOES IT WORK?



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# Support on Site

- Postvention
- Critical Incidence Support



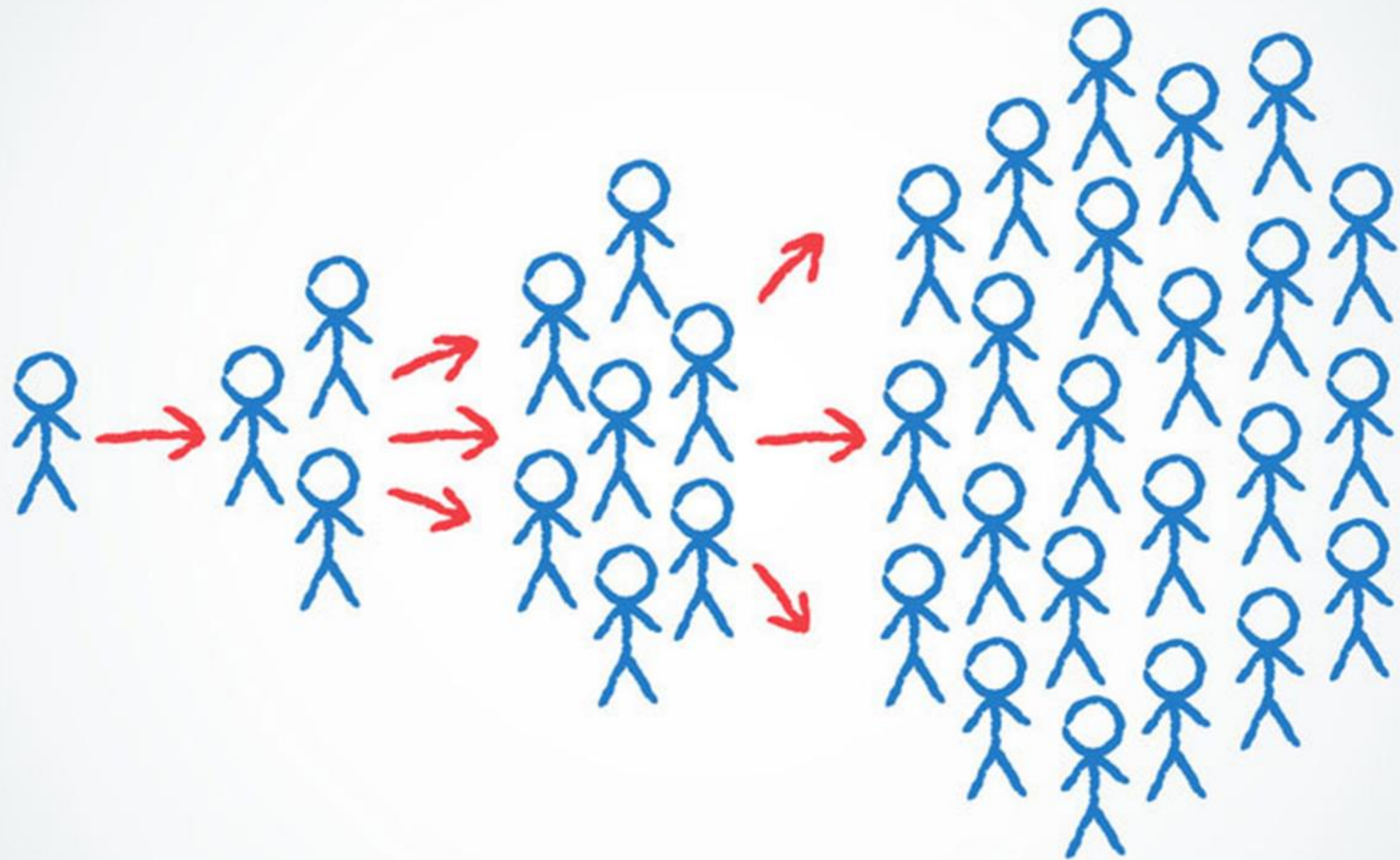


Figure 13. Age standardised suicide rates, males, construction and non-construction, QLD, 2005 to 2015



Maheen H & Milner, A (2017) *Suicide in the construction Industry: Report by Deakin University for MATES in Construction. Volume 2, 15 July 2017*



















# Published Evidence

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Doran, C., Ling, R., Gullestrup, J., Swannell, S., & Milner, A. (2016). The economic cost of suicide in the New South Wales Construction Industry and the potential impact of a suicide prevention strategy in reducing this cost. *Crisis* 2016 Mar 3 (2): 121-9.

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Tynan R, James C, Considine R, Skehan J, Gullestrup J, Lewin T, Wiggers J & Kelly B 2018 *Feasibility and acceptability of strategies to address mental health and mental ill-health in the Australian coal mining industry* International Journal of Mental Health Systems 2018 Vol 12 Issue 66

King T, Gullestrup J, Batterham P, Kelly B, Lockwood C, Lindgard H, Harvey S, LaMontagne A & Milner A 2018 *Shifting Beliefs about Suicide: Pre-Post Evaluation of the Effectiveness of a Program for Workers in the Construction Industry* International Journal of Environmental Research and Public Health 2018 Vol 15 Pg 2016

King T, Batterham P, Lindgard H, Gullestrup J, Lockwood C, Harvey S, Kelly B, LaMontagne A & Milner A 2019 *Are Young Men Getting the Message? Age Differences in Suicide Prevention Literacy among Male Construction Workers* International Journal of Environmental Research and Public Health Vol 16 Pg 475

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All documents available at: <http://matesinconstruction.org.au/commitment-to-evidence-base-practice/evidence/>