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### FINANCIAL STATEMENTS

# CANADIAN MENTAL HEALTH ASSOCIATION, BC DIVISION

March 31, 2023



Limited Liability Partnership

#### INDEPENDENT AUDITOR'S REPORT

# To the Members of Canadian Mental Health Association, BC Division

#### Opinion

We have audited the financial statements of Canadian Mental Health Association, BC Division (the Society), which comprise the statement of financial position as at March 31, 2023, and the statements of operations, changes in net assets and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the Society as at March 31, 2023 and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

#### **Basis for Opinion**

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Society in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

#### Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Society's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Society or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Society's financial reporting process.

#### Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

• Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

• Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Society's internal control.

• Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.

• Conclude on the appropriateness of management's use of the going concern basis of accounting and based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Society's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Society to cease to continue as a going concern.





#### **INDEPENDENT AUDITOR'S REPORT**

• Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

#### **Report on Other Legal and Regulatory Requirements**

As required by the British Columbia Societies Act, we report that the accounting principles used in these financial statements have been applied on a basis consistent with that of the preceding year.

Jomphine Wogny LLP

Vancouver, Canada September 23, 2023

Chartered Professional Accountants



### STATEMENT OF FINANCIAL POSITION

As at March 31

|   | 2023       | 2022       |
|---|------------|------------|
|   | \$         | \$         |
| ASSETS  |            |            |
| Current   |            |            |
| Cash and short-term investments [note 3]                                |            |            |
| Unrestricted  | 284,752    | 3,587,986  |
| Restricted for national membership fees - contingency reserve           | 32,529     | 30,852     |
| Restricted for branch fundraising                                       | 18,480     |            |
| Restricted for deferred revenue   | 34,481,344 | 17,029,021 |
|   | 34,817,105 | 20,647,859 |
| Accounts receivable [note 4]  | 4,615,950  | 1,514,662  |
| Prepaid expenses  | 194,920    | 451,908    |
| Total current assets  | 39,627,975 | 22,614,429 |
| Cash and investments - restricted funds [note 3]                        | 653,867    | 662,452    |
| Capital assets [note 5]   | 214,251    | 222,561    |
|   | 40,496,093 | 23,499,442 |
|   |            | , ,        |
| LIABILITIES   |            |            |
| Current   |            |            |
| Accounts payable and accrued liabilities [note 6]                       | 2,272,479  | 2,753,082  |
| National membership fees - contingency reserve [note 7]                 | 32,529     | 30,852     |
| Branch fundraising liability [note 8]                                   | 18,480     | —          |
| Deferred revenue [note 9]   | 34,481,344 | 17,029,021 |
| Deferred contribution - restricted donation [note 23]                   | 451,027    |            |
| Total current liabilities   | 37,255,859 | 19,812,955 |
| Lorne Fraser Educational Restricted Fund [note 10(i)]                   | 255,856    | 267,549    |
| Dr. Jean Moore Restricted Fund [note 10(ii)]                            | 143,679    | 141,602    |
| Dr. Nancy Hall Speaking Up Speaking Out Restricted Fund [note 10(iii)]  | 254,332    | 253,301    |
| Deferred rent   | 97,228     | 138,358    |
| Deferred contributions related to capital assets [note 11]              | 82,354     | 115,526    |
|   | 38,089,308 | 20,729,291 |
|   |            |            |
| NET ASSETS  | 101 007    | 107.025    |
| Invested in capital assets  | 131,897    | 107,035    |
| Internally restricted - contract cancellation [note 13]<br>Unrestricted | 1,500,000  | 1,500,000  |
| Unrestricted  | 774,888    | 1,163,116  |
|   | 2,406,785  | 2,770,151  |
|   | 40,496,093 | 23,499,442 |

Commitments [note 16] Subsequent event [note 24]

See accompanying notes to the financial statements

Approved by the Board: DocuSigned by:

Dave Delong 29EB0A3B1B114BB

Director

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DocuSigned by:

Director



## STATEMENT OF CHANGES IN NET ASSETS

Year ended March 31

|  | Invested in<br>Capital<br>Assets<br>\$ | Internally<br>Restricted<br>\$ | Unrestricted<br>\$ | Total<br>\$ |
|--|--|--------------------------------|--------------------|-------------|
| 2023                                   |  | [note 13]                      |                    |             |
| Excess of expenses for the year        | _                                      |                                | (363,366)          | (363,366)   |
| Amortization of capital assets         | (79,931)                               |                                | 79,931             | _           |
| Amortization of deferred contributions | 33,172                                 | _                              | (33,172)           |             |
| Investment in capital assets           | 71,621                                 | _                              | (71,621)           | _           |
| Increase (decrease) for the year       | 24,862                                 |                                | (388,228)          | (363,366)   |
| Balance, beginning of year             | 107,035                                | 1,500,000                      | 1,163,116          | 2,770,151   |
| Balance, end of year                   | 131,897                                | 1,500,000                      | 774,888            | 2,406,785   |
| 2022                                   |  |                                |                    |             |
| Excess of revenue for the year         | _                                      |                                | 169,133            | 169,133     |
| Amortization of capital assets         | (79,136)                               |                                | 79,136             | _           |
| Amortization of deferred contributions | 38,161                                 |                                | (38,161)           | _           |
| Investment in capital assets           | 40,014                                 |                                | (40,014)           |             |
| Transfer to internally restricted      | _                                      | 500,000                        | (500,000)          |             |
| Increase (decrease) for the year       | (961)                                  | 500,000                        | (329,906)          | 169,133     |
| Balance, beginning of year             | 107,996                                | 1,000,000                      | 1,493,022          | 2,601,018   |
| Balance, end of year                   | 107,035                                | 1,500,000                      | 1,163,116          | 2,770,151   |

See accompanying notes to the financial statements



## STATEMENT OF OPERATIONS

Year ended March 31

|  | 2023       | 2022       |
|--|------------|------------|
|  | \$         | \$         |
| REVENUE  |            |            |
| Grants - Ministry of Child and Family Development                | 5,787,440  | 5,860,493  |
| - Provincial Health Services Authority / B.C. Ministry of Health | 6,278,419  | 4,932,667  |
| - Ministry of Mental Health & Addiction                          | 6,964,319  | 6,292,365  |
| - Other Grants   | 1,739,630  | 1,211,093  |
| Total grants earned [note 9]                                     | 20,769,808 | 18,296,618 |
| Fees for service   | 993,214    | 832,867    |
| Donations  | 480,798    | 498,429    |
| Registration fees  | 317,549    | 252,094    |
| Publications and resource materials                              | 123,651    | 129,476    |
| Sponsorships   | 106,500    | 25,000     |
| Foundations [note 9]   | 57,273     | 104,630    |
| Amortization of deferred contributions [note 11]                 | 33,172     | 38,161     |
| Bequests   | 27,007     | 167,417    |
|  | 22,908,972 | 20,344,692 |
| EXPENSES   |            |            |
| Wages and benefits [note 19]                                     | 9,289,550  | 8,381,583  |
| Other program non-staffing costs [note 20]                       | 6,322,626  | 6,258,040  |
| Flow through branch delivery funds [note 15]                     | 4,780,018  | 3,500,541  |
| Contract and consulting services                                 | 2,481,148  | 1,526,131  |
| Rent and occupancy costs   | 413,806    | 437,190    |
| Other administrative non-staffing costs [note 20]                | 376,235    | 303,933    |
| Advertising and promotion  | 100,347    | 83,350     |
| Amortization   | 79,931     | 79,136     |
| Grants approved  | —          | 45,000     |
|  | 23,843,661 | 20,614,904 |
| Excess of expenses before other items:                           | (934,689)  | (270,212)  |
| Investment income  | 546,325    | 391,752    |
| Net unrealized gain [note 14]                                    | 24,998     | 47,593     |
| Excess of revenue (expenses) for the year                        | (363,366)  | 169,133    |

See accompanying notes to the financial statements



## STATEMENT OF CASH FLOWS

Year ended March 31

|  | 2023<br>\$  | 2022<br>\$  |
|--|-------------|-------------|
| OPERATING ACTIVITIES   | Ψ           | Ψ           |
| Excess of revenue (expenses) for the year                                | (363,366)   | 169,133     |
| Items not affecting cash:  | (303,300)   | 109,155     |
|  | 70.021      | 70 126      |
| Amortization of capital assets   | 79,931      | 79,136      |
| Amortization of deferred contributions                                   | (33,172)    | (38,161)    |
|  | (316,607)   | 210,108     |
| Changes in other non-cash working capital items:                         |             | 1 10 50 6   |
| Accounts receivable  | (3,101,288) | 143,526     |
| Prepaid expenses   | 256,988     | (347,048)   |
| Accounts payable and accrued liabilities                                 | (480,603)   | 1,033,079   |
| National membership fees - contingency reserve                           | 1,677       | 1,676       |
| Branch fund raising liability  | 18,480      | (22,104)    |
| Deferred rent  | (41,130)    | (19,691)    |
| Deferred revenue   | 17,452,323  | (4,544,365) |
| Deferred contribution - restricted donation                              | 451,027     | _           |
| Cash provided by (used in) operating activities                          | 14,240,867  | (3,544,819) |
| INVESTING ACTIVITIES   |             |             |
| Acquisition of capital assets  | (71,621)    | (40,014)    |
| Change in restricted fund investments                                    | 8,585       | (21,514)    |
| Lorne Fraser Educational Restricted Fund, net of disbursements           | (11,693)    | 575         |
| Dr. Jean Moore Restricted Fund, net of earnings                          | 2,077       | 8,578       |
| Dr. Nancy Hall Speaking Up Speaking Out Restricted Fund, net of earnings | 1,031       | 12,361      |
| Cash used in investing activities  | (71,621)    | (40,014)    |
| Increase (decrease) in cash and short-term investments during the year   | 14,169,246  | (3,584,833) |
| Cash and short-term investments, beginning of year                       | 20,647,859  | 24,232,692  |
| Cash and short-term investments, end of year                             | 34,817,105  | 20,647,859  |

See accompanying notes to the financial statements



### NOTES TO FINANCIAL STATEMENTS

March 31, 2023

### **1. NATURE OF OPERATIONS**

#### Structure, Mandate and Operations

The Canadian Mental Health Association, BC Division (the "Society") is registered pursuant under the British Columbia Societies Act and is a tax-exempt charitable organization as defined by the Canadian Income Tax Act.

The Society champions a vision for Canada: mentally healthy people in a healthy society. We strive for all people to get the resources they need to maintain and improve their mental health and wellbeing. Our objectives include: informing public policy, providing quality services and informing and promoting mental health. The Society's operations are dependent upon funding from the Province of British Columbia, health authorities, foundations, fee for service revenue, individual and corporate donations, and sponsorships.

The Society operates under authority granted by a National/Division Agreement (2004) with the Canadian Mental Health Association. The Society has signed a new agreement with CMHA National which will come into force in the 2023/24 fiscal year. Under Division/Branch agreements, branches may operate in B.C. as incorporated societies. There are a total of 14 [2022 - 14] licensed branches in B.C., of which all were incorporated at year end.

The Society's activities include the following:

### **Core Programs**

Core programs are integral to the Society and are in strategic alignment with the Society's mandate. These programs are supported by provincial grants, foundations, donations, sponsorships and other income.

Core programs include:

- 1. Public Policy and Community-Based Activities such as:
  - Targeted research projects focused on equitable access to services for people with mental health and substance use problems
  - Submissions to CMHA National to inform federal mental health and substance use policy
  - Submissions to the Province of BC standing committees, elected officials, and public servants to inform provincial mental health and substance use policy
  - Continued policy work to influence the strengthening of the mental health and substance use systems of care with an emphasis on:
    - o Prevention and early intervention
    - o Building an accessible addictions health care system
    - o Strengthening recovery closer to home in communities



## NOTES TO FINANCIAL STATEMENTS

March 31, 2023

### 1. NATURE OF OPERATIONS (CONT'D)

### **Core Programs (Cont'd)**

- o Crisis Care Reform, with a focus on reducing reliance on police responses
- o Suicide Prevention leading change in suicide prevention and life promotion
- o Links to Employment connecting individuals to skillful employment
- o Recovery Beds administering recovery beds and treatment grants
- o Leading change in mental health and addictions
- Promotion and advocacy through media interviews and speaking engagements

### 2. Mental Health Promotion - BC Partners for Mental Health and Substance Use Information

Initiatives including:

- Beyond the Blues
- Visions: BC's Mental Health & Addictions Journal
- Heretohelp.bc.ca
- Healthy Minds, Healthy Campuses
- Information, Outreach, and Referral publications, displays and events
- CMHA BC division website
- Mind Matters newsletter
- Living Life to the Full Adults
  - o Living Life to the Full national project lead; training in support of CMHA divisions and branches across Canada
- Blue Wave (Living Life to the Full Youth)
- Bounce Back®: Reclaim Your Health Youth and Adults
- Confident Parents: Thriving Kids (CPTK); telephone-based positive parenting coaching program including the We Are Indigenous: Big Worries Program
- Administering grants-based funding for campus suicide prevention and community-based substance use treatment and recovery resources
- Workplace Mental Health Education and Training including the development of a new provincial digital hub and training program focused on tourism, hospitality, community social services, and continuing care sectors
- Provincial oversight and quality assurance for a primary care integrated employment services program operated in partnership with a Lower Mainland branch and an Interior Branch.



### NOTES TO FINANCIAL STATEMENTS

March 31, 2023

### 1. NATURE OF OPERATIONS (CONT'D)

#### **Core Programs (Cont'd)**

#### 3. Bursaries and Scholarships

- Lorne Fraser Scholarship and Educational Bursary
- Janice Lee Blue Wave Youth Bursary
- Mental Health Fine Arts Bursary
- Indigenous Mental Health Fine Arts Bursary

#### 4. Branch Relations

- Business continuity
- Responding to branch requests for support and advice
- Talk Today (partnership with the BC Hockey League and Western Hockey League)
- Media messaging, communications, and marketing support

#### 5. Victoria Services

- Employment services
- Youth Summit in partnership with the Mental Health Commission of Canada
- Mental health promotion
- Ride Don't Hide
- Operation of Confident Parents, Thriving Kids-Anxiety program
- Navigation of the Greater Victoria mental health system
- Development of a regional suicide prevention program in the Westshore and Sooke communities
- Administration of resources to develop and launch a peer assisted crisis team in Victoria and New Westminster.

#### **Administered Programs**

Administrered Programs are handled by the Society acting as agent under client contracts. These include:

- BC Patient Satisfaction Steering Committee Project
- Community Action Initiative

Administered Programs are reported under fees for services.

### 2. SIGNIFICANT ACCOUNTING POLICIES

The financial statements were prepared in accordance with Canadian accounting standards for not-forprofit organizations ("ASNPO") and include the following significant accounting policies:



### NOTES TO FINANCIAL STATEMENTS

March 31, 2023

### 2. SIGNIFICANT ACCOUNTING POLICIES (CONT'D)

#### **Use of Estimates**

The preparation of financial statements in conformity with Canadian ASNPO requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the amounts of revenues and expenses reported during the year. Significant areas requiring the use of management estimates relate to the determination of net recoverable value of assets, in particular as it relates to useful lives of capital assets and the determination of the deferred portion of grants. Actual results could differ from these estimates.

#### **Revenue Recognition**

The Society follows the deferral method of accounting for contributions. Restricted contributions are recognized as revenue in the year in which the related expenses are incurred or the services delivered. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured. Contributions include grants, donations, foundations, and bequests.

Investment income is recognized as revenue when received or earned. The change in market value in investments is recognized as income as an unrealized gain or loss.

Fee for service, registration fees, publications and resource materials are recognized as the related services are performed, or when the product has been delivered and the amount to be received can be reasonably estimated and collection is reasonably assured.

#### **Contributed Services and Materials**

The Society relies, in part, on volunteers in carrying out its services. Because of the difficulty of determining the fair value of these services, the value of these services is not recognized in these financial statements. Donated advertising and materials that would have not otherwise been purchased by the Society are not recognized in these financial statements.

#### **Measurement of Financial Instruments**

The Society initially measures its financial assets and financial liabilities at fair value. The Society subsequently measures all of its financial assets and financial liabilities at amortized cost, except for its short-term investments that are quoted in an active market, which are measured at fair value. Changes in fair value are recognized in net income.

Financial assets measured at amortized cost include cash, term deposit and accounts receivable. Financial assets measured at fair value include marketable securities, fixed income and Vancouver Foundation funds in other short-term investments.

Financial liabilities measured at amortized cost include accounts payable.





### NOTES TO FINANCIAL STATEMENTS

March 31, 2023

### 2. SIGNIFICANT ACCOUNTING POLICIES (CONT'D)

#### Measurement of Financial Instruments (Cont'd)

Financial assets measured at cost are tested for impairment when there are indicators of impairment. The amount of the write-down is recognized in net income. The previously recognized impairment loss may be reversed to any extent of the improvement, directly or by adjusting the allowance account, provided it is no greater than the amount that would have been reported at the date of the reversal had the impairment not been recognized previously. The amount of the reversal is recognized in net income.

#### Cash

Cash is defined as cash on hand and cash on deposit, net of cheques issued and outstanding at the yearend and highly liquid term deposits.

#### **Short-Term Investments**

Mutual funds and other short-term investments are recorded at market value.

#### **Capital Assets**

Capital assets are initially valued at cost and are amortized over their estimated useful lives on the declining balance method at the following annual rates.

| ٠ | Office equipment   | 20% |
|---|--------------------|-----|
| • | Computer equipment | 30% |

Leasehold improvements are amortized straight-line to the end of the respective leases.

### **Deferred Rent Liability**

Total rent expense is recorded on a straight-line basis over the lease term including any free rent periods which have been granted at the beginning of the lease. The deferred rent liability will be drawn down as lease payments are made in future periods.

### **Pension Plan**

The Society participates in a multi-employer defined benefit pension plan ("Pension Plan"). Defined contribution plan accounting is applied to multi-employer defined benefit plans and, accordingly, pension contributions are expensed as the actuary does not attribute portions of the unfunded liability, if any, to individual employers.





### NOTES TO FINANCIAL STATEMENTS

March 31, 2023

### 3. CASH AND SHORT-TERM INVESTMENTS

|   | 2023       | 2022       |
|---|------------|------------|
|   | \$         | \$         |
| Cash and cash equivalents   | 21,535,302 | 9,554,731  |
| Mutual funds and other securities (cost - \$12,290,375 [2022 - \$10,109,568]) | 12,789,987 | 10,562,245 |
| Funds held by the Vancouver Foundation (cost - \$886,275 [2022 - \$886,275])  | 1,145,683  | 1,193,335  |
|   | 35,470,972 | 21,310,311 |
| Less: Portion allocated to Lorne Fraser Educational Restricted Fund [note 10] | (255,856)  | (267,549)  |
| Portion allocated to Dr. Jean Moore Restricted Fund [note 10]                 | (143,679)  | (141,602)  |
| Portion allocated to Dr. Nancy Hall Restricted Fund [note 10]                 | (254,332)  | (253,301)  |
|   | (653,867)  | (662,452)  |
|   | 34,817,105 | 20,647,859 |

The funds held by the Vancouver Foundation can be accessed by providing four months' notice.

### 4. ACCOUNTS RECEIVABLE

|  | 2023      | 2023      | 2022 |
|--|-----------|-----------|------|
|  | \$        | \$        |      |
| Operations - fees for service and other        | 1,211,723 | 691,467   |      |
| - grants                                       | 3,327,182 | 720,891   |      |
| Canadian Mental Health Association BC branches | 9,848     | 36,536    |      |
| Allowance for doubtful accounts                |           |           |      |
|  | 4,548,753 | 1,448,894 |      |
| Government - GST                               | 67,197    | 65,768    |      |
|  | 4,615,950 | 1,514,662 |      |

### 5. CAPITAL ASSETS

| Cost<br>\$ | Accumulated<br>Amortization<br>\$          | Net Book<br>Value<br>\$   |
|------------|--|---|
|            |  |   |
| 507,615    | 310,994                                    | 196,621   |
| 114,521    | 96,891                                     | 17,630  |
| 622,136    | 407,885                                    | 214,251   |
|            |  |   |
| 435,994    | 251,389                                    | 184,605   |
| 114,521    | 76,565                                     | 37,956  |
| 550,515    | 327,954                                    | 222,561   |
|            | \$ 507,615 114,521 622,136 435,994 114,521 | Cost         Amortization           \$         \$           507,615         310,994           114,521         96,891           622,136         407,885           435,994         251,389           114,521         76,565 |



### NOTES TO FINANCIAL STATEMENTS

March 31, 2023

### 6. ACCOUNTS PAYABLE AND ACCRUED LIABILITIES

|  | 2023      | 2022      |
|--|-----------|-----------|
|  | \$        | \$        |
| Operations                                       | 1,690,291 | 1,925,061 |
| Municipal pension plan - employees [note 22]     | 21,094    | 56,150    |
| Canadian Mental Health Association - BC branches | 561,094   | 771,871   |
|  | 2,272,479 | 2,753,082 |

### 7. NATIONAL MEMBERSHIP FEES - CONTINGENCY RESERVE

A 5% contingency is added to the Annual National Membership fee and is retained by the Society as a reserve to assist branches who are going through significant negative changes in their revenue. As at March 31, 2023, the contingency balance totaled \$32,529 [2022 - \$30,852].

### 8. BRANCH FUNDRAISING LIABILITY

The Society has been the administrator for joint fundraising activities on its own behalf and for nine branches within BC. All joint fundraising activities were discontinued on September 30, 2007 with the exception of monthly giving donations which continue to be collected and shared with participating branches, net of fund raising costs. The branch fund raising liability is offset by an equal amount of restricted cash.

### 9. DEFERRED REVENUE

|   | Deferred,<br>Beginning<br>of Year<br>\$ | Received or<br>Receivable<br>\$ | Earned<br>During the<br>Year<br>\$ | Deferred, End<br>of Year<br>\$ |
|---|---|---------------------------------|------------------------------------|--------------------------------|
| GRANT REVENUES                                  |   |                                 |                                    |                                |
| Provincial Health Service Authority / BC Minist | ry of Health                            |                                 |                                    |                                |
| BC Partners                                     | 132,360                                 | 626,883                         | 627,977                            | 131,266                        |
| BC Partners Strategic Planning                  | 5,711                                   |                                 | _                                  | 5,711                          |
| Bounce Back (Youth)                             | 173,688                                 | 750,000                         | 813,004                            | 110,684                        |
| Bounce Back (Adult)                             | 846,037                                 | 2,500,000                       | 3,173,096                          | 172,941                        |
| Project Unite                                   | 32,230                                  |                                 | 15,000                             | 17,230                         |
| Community Gatekeeper                            | 134,507                                 |                                 |                                    | 134,507                        |
| Peer Assisted Crisis Teams                      |   | 11,531,418                      | 1,124,342                          | 10,407,076                     |
| Counselling Supports for Refugees               |   | 1,000,000                       | 525,000                            | 475,000                        |
|   | 1,324,533                               | 16,408,301                      | 6,278,419                          | 11,454,415                     |





## NOTES TO FINANCIAL STATEMENTS

March 31, 2023

### 9. DEFERRED REVENUE (CONT'D)

|   | Deferred,<br>Beginning<br>of Year<br>\$ | Received or<br>Receivable<br>\$ | Earned<br>During the<br>Year<br>\$ | Deferred, End<br>of Year<br>\$ |
|---|---|---------------------------------|------------------------------------|--------------------------------|
| Balance forward from previous page              | 1,324,533                               | 16,408,301                      | 6,278,419                          | 11,454,415                     |
| Ministry of Child and Family Development        |   |                                 |                                    |                                |
| CPTK - Behavioral                               | 501,545                                 | 2,248,454                       | 2,838,422                          | (88,423)                       |
| CPTK - Anxiety                                  | 92,465                                  | 2,907,534                       | 2,949,018                          | 50,981                         |
| Integrated Child and Youth Family Support       |   | 248,622                         | _                                  | 248,622                        |
|   | 594,010                                 | 5,404,610                       | 5,787,440                          | 211,180                        |
| Ministry of Mental Health & Addiction           |   |                                 |                                    |                                |
| Community Sector Early Intervention Response to |   |                                 |                                    |                                |
| the Mental Health Impacts of COVID-19           | 254,284                                 | _                               | 34,187                             | 220,097                        |
| Care for Caregivers and Care to Speak           | 40,980                                  | 735,000                         | 493,267                            | 282,713                        |
| Substance Use Treatment and Recovery Beds       | 9,228,126                               | _                               | 3,989,489                          | 5,238,637                      |
| Cognitive Remediation and Recovery Colleges     | 10,500                                  | 421,000                         | 378,900                            | 52,600                         |
| Workplace Mental Health Initiatives             | 1,877,970                               | _                               | 979,059                            | 898,911                        |
| Living Life to the Full                         | 285,016                                 |                                 | 198,675                            | 86,341                         |
| Provincial Suicide Prevention                   | 1,539,871                               |                                 | 890,742                            | 649,129                        |
|   | 13,236,747                              | 1,156,000                       | 6,964,319                          | 7,428,428                      |
| Ministry of Social Development and Poverty Red  | luction                                 |                                 |                                    |                                |
| People with Complex Barriers to Employment      |   | 8,179,972                       | 311,177                            | 7,868,795                      |
| Workplace Mental Health Initiatives             | —                                       | 700,000                         | —                                  | 700,000                        |
| Bed-Based Treatment and Recovery                |   | 4,900,339                       |                                    | 4,900,339                      |
|   |   | 13,780,311                      | 311,177                            | 13,469,134                     |
| Providence Health Care Society                  |   |                                 |                                    |                                |
| Provincial Consumer Survey                      | 366,647                                 |                                 | 15,000                             | 351,647                        |
| Bounce Back - National                          |   |                                 |                                    |                                |
| Bounce Back - National Roll Out                 | 451,232                                 | 932,400                         | 819,406                            | 564,226                        |
| Others  |   | 594,047                         | 594,047                            | _                              |
|   | 817,879                                 | 1,526,447                       | 1,428,453                          | 915,873                        |
|   | 15,973,169                              | 38,275,669                      | 20,769,808                         | 33,479,030                     |
| FOUNDATION REVENUE                              |   |                                 |                                    |                                |
| B.C. Mental Health Foundation                   |   |                                 |                                    |                                |
| Justice   | 70,341                                  | _                               | _                                  | 70,341                         |
| Vancouver Foundation                            |   |                                 |                                    |                                |
| Policy Peer Employment                          |   | 30,000                          | _                                  | 30,000                         |
| Others  |   | 57,273                          | 57,273                             |                                |
|   | 70,341                                  | 87,273                          | 57,273                             | 100,341                        |





### NOTES TO FINANCIAL STATEMENTS

March 31, 2023

### 9. DEFERRED REVENUE (CONT'D)

|  | Deferred,<br>Beginning<br>of Year<br>\$ | Received or<br>Receivable<br>\$ | Earned<br>During the<br>Year<br>\$ | Deferred, End<br>of Year<br>\$ |
|--|---|---------------------------------|------------------------------------|--------------------------------|
| Balance forward from previous page         | 16,043,510                              | 38,362,942                      | 20,827,081                         | 33,579,371                     |
| FEES FOR SERVICE                           |   |                                 |                                    |                                |
| Living Life to the Full                    | 10,684                                  | _                               | 3,640                              | 7,044                          |
| Primary Health Care Initiatives            | 550,464                                 | _                               | 300,000                            | 250,464                        |
|  | 561,148                                 | _                               | 303,640                            | 257,508                        |
| OTHER                                      |   |                                 |                                    |                                |
| Community Gatekeeper - Sustainability Fund | 198,148                                 | _                               | _                                  | 198,148                        |
| CMHA - South Okanagan Similkameen          |   |                                 |                                    |                                |
| Branch/division Strategic Planning         | 1,500                                   |                                 | _                                  | 1,500                          |
| Others                                     | 96,765                                  | 230,102                         | _                                  | 326,867                        |
|  | 296,413                                 | 230,102                         |                                    | 526,515                        |
| Subtotal                                   | 16,901,071                              | 38,593,044                      | 21,130,721                         | 34,363,394                     |
| Blue Wave Youth Fund [note 18]             | 127,950                                 |                                 | 10,000                             | 117,950                        |
|  | 17,029,021                              | 38,593,044                      | 21,140,721                         | 34,481,344                     |

### **10. RESTRICTED FUNDS**

### (i) Lorne Fraser Educational Restricted Fund

Each year, the Lorne Fraser Educational Fund awards bursaries and scholarships to people who live with a mental illness and/or addiction and wish to further their pursuit of post-secondary education. Bursaries are awarded in the amount of \$700 each. In addition, the scholarship program annually awards \$1,000 or \$2,000 to two post-secondary students living with mental illness and/or addiction whose educational and career goals are related to mental health promotion.

|                            | 2023     | 2022<br>\$ |
|----------------------------|----------|------------|
|                            | \$       |            |
| Balance, beginning of year | 267,549  | 266,974    |
| Add:                       |          |            |
| Donations                  | —        | 3,310      |
| Investment income          | 10,862   | 9,758      |
| Unrealized gain (loss)     | (10,489) | 3,411      |
|                            | 267,922  | 283,453    |
| Less:                      |          |            |
| Miscellaneous              | (166)    | (4,004)    |
| Scholarships               | (11,900) | (11,900)   |
|                            | (12,066) | (15,904)   |
| Balance, end of year       | 255,856  | 267,549    |



### NOTES TO FINANCIAL STATEMENTS

March 31, 2023

### **10. RESTRICTED FUNDS (CONT'D)**

#### (ii) Dr. Jean Moore Restricted Fund

The Dr. Jean Moore Fund was established in April 2006 to support future child and youth initiatives and consists of funds primarily invested at the Vancouver Foundation.

|                            | 2023<br>\$ | 2022<br>\$ |
|----------------------------|------------|------------|
|                            |            |            |
| Balance, beginning of year | 141,602    | 133,024    |
| Add:                       |            |            |
| Donations                  | 100        | 100        |
| Investment income          | 5,434      | 4,882      |
| Unrealized gain (loss)     | (3,457)    | 3,596      |
| Balance, end of year       | 143,679    | 141,602    |

### (iii) Dr. Nancy Hall Speaking Up Speaking Out Restricted Fund

The Dr. Nancy Hall Speaking Up Speaking Out Fund was established in March 2011 to fund policy work and consists of funds primarily invested at the Vancouver Foundation. The Society commits to growing the restricted fund to \$1 million.

|                            | 2023     | 2022<br>\$ |
|----------------------------|----------|------------|
|                            | \$       |            |
| Balance, beginning of year | 253,301  | 240,940    |
| Add:                       |          |            |
| Investment income          | 11,768   | 10,572     |
| Unrealized gain (loss)     | (10,737) | 1,789      |
| Balance, end of year       | 254,332  | 253,301    |

### 11. DEFERRED CONTRIBUTIONS RELATED TO CAPITAL ASSETS

|                            | 2023     | 2022<br>\$ |
|----------------------------|----------|------------|
|                            | \$       |            |
| Balance, beginning of year | 115,526  | 153,687    |
| Transfer to revenue        | (33,172) | (38,161)   |
| Balance, end of year       | 82,354   | 115,526    |

In 2019, the total funding received from the Ministry of Child and Family Development that was designated for the CPTK-Anxiety program was \$1,500,000. The deferred contribution represents amounts required for the start up of the program that was spent on capital assets for the Society's Victoria office. The contribution has been deferred and will be amortized to income over the estimated useful life of the capital assets and the term of the Victoria office lease.



### NOTES TO FINANCIAL STATEMENTS

March 31, 2023

### **12. PERMANENT ENDOWMENT**

The Society holds \$409,942 [2022 - \$409,942] of aggregate contributed principal with the Vancouver Foundation. The market value of these funds at March 31, 2023 is \$548,415 [2022 - \$572,376]. In accordance with the provisions of the Vancouver Foundation Act, the amounts are held permanently by the Vancouver Foundation. As the Society has the right to receive only the investment income on these funds and has no access to the contributed principal, the Society's financial statements do not reflect this amount as an asset.

### **13. INTERNALLY RESTRICTED FUNDS**

The Society has internally restricted \$1,500,000 [2022 - \$1,500,000] as a contract cancellation contingency. Contracts received by the Society have cancellation clauses with notice periods of 10 - 30 days. This internally restricted amount is not available for other purposes without the approval of the Society's board of directors.

For the year ending March 31, 2023, \$Nil [2022 - \$500,000] of the \$1,500,000 was internally restricted.

### 14. NET UNREALIZED GAIN

The net unrealized gain represents the difference between the cost and the quoted market value of the Society's investments as at March 31, 2023. These market values fluctuate on a daily basis.

### **15. FLOW THROUGH BRANCH DELIVERY FUNDS**

|   | 2023<br>\$ | 2022<br>\$ |
|---|------------|------------|
| Bounce Back                                   | 2,788,270  | 2,801,440  |
| Peer Assisted Crisis Teams                    | 690,685    | 273,639    |
| Persons with Persistent and Multiple Barriers | 869,683    | 343,488    |
| Recovery Colleges and Cognitive Remediation   | 378,900    | 39,500     |
| COVID-19 Surge                                | 34,000     | 36,000     |
| Donation sharing                              | 18,480     | 6,474      |
|   | 4,780,018  | 3,500,541  |



### NOTES TO FINANCIAL STATEMENTS

March 31, 2023

### **16. COMMITMENTS**

The future premise lease commitment for the next four fiscal years, for base rent only, is as follows:

|      | \$      |
|------|---------|
| 2024 | 195,122 |
| 2025 | 148,953 |
| 2026 | 152,248 |
| 2027 | 69,204  |
|      | 565,527 |

### **17. FINANCIAL INSTRUMENTS**

The Society is exposed to various risks through its financial instruments. The following analysis presents the Society's exposures to significant risk as at March 31, 2023.

#### **Credit Risk**

The Society is exposed to credit risk with respect to its bank deposits, accounts receivable and short-term investments. The Society assesses, on a continuous basis, accounts receivable on the basis of amounts it is virtually certain to receive and short-term investments are invested with a large Canadian credit union and a professional investment manager.

### Liquidity Risk

Liquidity risk is the risk of being unable to meet cash requirements or fund obligations as they become due. It stems from the possibility of a delay in realizing the fair value of financial instruments.

The Society manages its liquidity risk by constantly monitoring forecasted and actual cash flows and financial liability maturities, and by holding assets that can be readily converted into cash.

### **Interest Rate Risk**

The Society is exposed to interest rate risk on its fixed and floating interest rate financial instruments. Fixedrate instruments are subject to periodic interest rate review on maturity and renewal and the floating rate instruments subject the Society to cash flow risks.

### Market Risk

Market risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices (other than those arising from interest rate risk or currency risk), whether those changes are caused by factors specific to the individual financial instrument or its issuer, or factors affecting all similar financial instruments traded in the market. The Society is exposed to market risk through its investment in equity-based investments.

### **18. BLUE WAVE YOUTH FUND**

The Blue Wave Youth Fund was initiated by a gift from Blue Wave Foundation, a private foundation. The fund is designated specifically to support youth mental health.





### NOTES TO FINANCIAL STATEMENTS

March 31, 2023

### 19. WAGES AND BENEFITS AND CONTRACT AND CONSULTING SERVICES

Pursuant to the British Columbia Societies Act, the Society is required to disclose wages and benefits paid to employees and fees paid to contractors, in excess of \$75,000 during the fiscal year.

No contractor was paid in excess of \$75,000 for the fiscal year [2022 - contract and consulting services expense includes \$118,941 for services provided by one contractor].

Wages and benefits expense includes \$7,464,645 [2022 - \$6,359,706] paid to sixty-nine [2022 - sixty-six] employees during the year.

### 20. OTHER PROGRAM NON-STAFFING COSTS

Other program non-staffing costs include:

|   | 2023      | 2022      |
|---|-----------|-----------|
|   | \$        | \$        |
| Expenses related to:                                      |           |           |
| Administrative  | 376,235   | 303,933   |
| Programs  | 6,322,626 | 6,258,040 |
|   | 6,698,861 | 6,561,973 |
| Bank, credit card charges, payroll and pension processing | 19,307    | 25,040    |
| Equipment   | 17,020    | 7,881     |
| Honoraria   | 25,017    | 4,016     |
| Insurance   | 59,872    | 49,196    |
| License fees  | 197,386   | 157,414   |
| Membership fees and dues                                  | 67,318    | 47,114    |
| National membership fees                                  | 7,776     | 5,585     |
| Office and administration                                 | 184,984   | 49,025    |
| Shipping & handling                                       | 39,824    | 57,044    |
| Printing and resource materials                           | 175,550   | 162,281   |
| Professional fees   | 253,904   | 133,029   |
| Program conferences and events                            | 174,621   | 26,731    |
| Project support   | 4,695,680 | 4,914,551 |
| Royalties   | 74,897    | 93,906    |
| Scholarships and awards                                   | 14,300    | 12,600    |
| Staff development   | 42,361    | 53,741    |
| Technology and website                                    | 397,403   | 567,484   |
| Telephone   | 129,270   | 152,401   |
| Travel  | 122,371   | 42,934    |
|   | 6,698,861 | 6,561,973 |



### NOTES TO FINANCIAL STATEMENTS

March 31, 2023

### 21. RELATED PARTY TRANSACTIONS

No board member was remunerated during the current fiscal year [2022 - \$47,928 paid to a company at which one Board member was an executive-level employee, following full disclosure and management of the conflict of interest by both the Society and the executive's company].

Amounts paid to related parties were incurred in the normal course of business and are measured at the exchange amount, which is the amount agreed upon by the transacting parties on terms and conditions similar to non-related parties.

### 22. PENSION PLAN

### (a) Municipal Pension Plan of British Columbia

The Society and its employees contribute to the Municipal Pension Plan of British Columbia ("MPP"), a multi-employer defined benefit pension plan.

Employer contributions to the MPP of \$613,457 [2022 - \$577,369] were expensed during the year. Every three years an actuarial valuation is performed to assess the financial position of the plan and the adequacy of plan funding. The most recent actuarial valuation for the plan at December 31, 2021 indicated the plan is fully funded. The plan covers approximately 405,000 active employees, of which approximately 97 are employees of the Society.

When the Society's application for membership in the MPP was approved in 2020, existing employees were given 90 days to decide whether or not they wanted to join the plan. Those who opted out of the MPP have provided a Waiver of Pension Coverage. After this period, enrolment for regular full time employees is mandatory after 3 months of continuous employment.

### (b) Pension Plan for Employees of The Canadian Mental Health Association

A portion of the Society's employees, who originally opted out of enrolment with the MPP when the Society's application for membership in the MPP was approved, remain on the Pension Plan for Employees of The Canadian Mental Health Association. This plan is administered by a national board of trustees and is a defined contribution pension plan.

### 23. DEFERRED CONTRIBUTION - RESTRICTED DONATION

During the year, the Society received an estate bequest in the amount of \$479,816 [2022 - \$Nil]. The estate has restricted the donation to be spent on programs and services in Greater Victoria. For the year ending March 31, 2023, \$451,027 [2022 - \$Nil] of the restricted donation has been unspent and will be utilized in future periods.





## NOTES TO FINANCIAL STATEMENTS

March 31, 2023

### 24. SUBSEQUENT EVENT

Subsequent to the year-end, the Society received from the Ministry of Mental Health and Addictions an amount of \$73,174,000 in grant funding for the expansion of the Substance Use Treatment and Recovery Beds program over the next four years (fiscal 2024 to 2027).

### **25. COMPARATIVE FIGURES**

Certain 2022 comparative figure have been reclassified where necessary to conform to the current year's presentation.

